



## **Greenhaugh Primary School PSHE /RSE Overview**

### **Planning taken from You, Me, PSHE**

\*Some units or sessions (marked with \*) will be taught by Year group if content isn't appropriate for all year groups in class.

	<b>Class 1</b>		<b>Class 2</b>		
	Cycle 1	Cycle 2	Cycle 1	Cycle 2	Year 5 & 6 Will be added as needed for new upper KS2 cohorts.
Autumn 1	Physical Health and wellbeing- Fun Times	Physical Health and wellbeing-What keeps me healthy?	Physical health and wellbeing: What helps me choose? Food (link with science)	Physical Health and wellbeing- What is important to me?	
Autumn 2	Keeping Safe and Managing Risk- Feeling Safe	Keeping Safe and Managing Risk- indoors and outdoors	Keeping safe and managing risk: Bullying – see it, say it, stop it (link is antibullying week)	Keeping Safe and Managing Risk-Playing safe	

Spring 1	Identity, Society and Equality-Me and Others	Year 2 Sex and Relationship Education- Boys, girls and families *	Drug, Alcohol and Tobacco education Tobacco is a drug	Drug, Alcohol and tobacco education- Making choices	
Spring 2	Drug, Alcohol and Tobacco education What do we put into our bodies?	Drug, Alcohol and Tobacco education medicines and me	Identity, Society and Equality- Celebrating difference	Identity, Society and Equality-Democracy	
Summer 1	Mental Health and Emotional Wellbeing Feelings	Mental Health and Emotional Wellbeing Friendship	Careers, financial capability and economic wellbeing: saving, spending and budgeting	Year 4 Sex and Relationship Education-Growing up and changing *	
Summer 2	Careers, Financial capability and economic wellbeing- My money	Year 2 Sex and Relationship Education-Boys and girls and families *	Mental Health and emotional wellbeing: Strengths and challenges	Year 4 Sex and Relationship Education-Growing up and changing *	
<b>Reception PSHE:</b> See themselves as a valuable individual, build constructive and respectful relationships, express their feelings and consider the feelings of others, show resilience and perseverance, identify and moderate their own feelings, think about the perspectives					

of others, manage their own needs.